



# Tonya Bangart

**TYRNEATHEM**

[tonya@tyrneathem.com](mailto:tonya@tyrneathem.com)

## About Me

I am wife to a hardworking man, mother to an active 6-year-old boy, caretaker to two Siberian cats, knitter with a sock obsession, health nut, chronic dieter, and lover of all things fantasy.

I began my first blog nearly 10 years ago following a chemical burn injury at work. This journal evolved through several variations and eventually came home to Tyrneathem.



[fb.me/tyrneathem](https://fb.me/tyrneathem)



[@tyrneathem](https://www.instagram.com/tyrneathem)



[@tyrneathem](https://twitter.com/tyrneathem)



[/tyrneathem](https://www.pinterest.com/tyrneathem)

## About Tyrneathem

The name "Tyrneathem" is derived from a bit of Gaelic combined with some good old fashioned imagination. It roughly translates to "Children of the Dragons." The pronunciation varies a bit each time I say it, but it's most often "tur-NEATH-um."

My readers are primarily female. They are typically mothers of school-age children, but I have a substantial amount of other demographics too. My readers are most interested in my giveaways, reviews, and weight loss posts. I receive an average about 5,000 unique visitors per month with a total of over 25,000 page views.

Site design and graphics were done by me. I also do some small design work for others.

## Skills

- **Product Reviews**
- **Giveaways**
- **Social Media**
- **Sponsored Posts**
- **SEO**

## Social Stats

11.5K	Facebook	2.1K	Google+
2.9K	Twitter*	0.9K	YouTube
5.4K	Pinterest	0.8K	Newsletter
1.8K	Instagram	2897	Amazon Rank

## Advertising

Please contact me for specific details on my advertising rates. Generally, sponsored post spots will begin at \$50 and ad spaces will begin at \$10. No-follow links only.

## Reviews

Requires \$50 minimum in product. This is my compensation for advertising your product. If product provided is under \$50, we can discuss compensation options

\*The Twitter account numbers are low due to a hack and subsequent locking of my original account. We had to start over.